

## COUGHING

*Author: Bronwyn Sutton, Speech Language Pathologist, BEST Autism Therapy*

Sometimes I need to cough. I might be sick or I might have a tickle in my throat.

When I cough, tiny germs come out of my mouth. Germs can make other people sick too. I don't want to make other people sick.



It is important to cough into my elbow. This is a clever trick. It means that I will catch my cough and the germs won't fly away.



Other people will like it when I cough into my elbow. I will feel happy that I remembered that this is a clever way to cough.

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This story might help you to create your own Social Story™. Social Stories™ should be individualised to the child and should follow the criteria developed by Dr Carol Gray.

Please speak to one of our Speech Pathologists or Occupational Therapists to learn more.