



B.E.ST. Autism Therapy  
Best Location. Better Outcomes.

[www.bestautismtherapy.com.au](http://www.bestautismtherapy.com.au)

## DEATH

*Author: Lee Ann Beck*

Everyone and everything that is alive dies at some time.

Death is part of life.

When someone dies, everything inside that person stops.

The heart stops. The breathing stops. They cannot feel any hurt.

They cannot feel hot or cold.

When someone dies, they do not have any life inside their body anymore.

Just the body is left...

like a peanut shell without the peanut.

When someone dies people feel sad.

Feeling sad is OK.

People feel sad because the person that died is gone.

When someone dies people cry.

Crying is OK.

Sometimes after you cry you don't feel as sad.

In a few days or weeks you may not feel as sad.

Time helps you feel better.

It's OK to feel better.

---

This story might help you to create your own Social Story™. Social Stories™ should be individualised to the child and should follow the criteria developed by Dr Carol Gray.

Please speak to one of our Speech Pathologists or Occupational Therapists to learn more.