

TRYING NEW FOODS

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When I am eating, I might see a new food that I have not seen before.

I won't even know what it tastes like unless I try some.



Sometimes Dad asks me to try new foods. That's because he thinks I might like it.

I might like to try new foods. If I like it I can have some more.

Trying new foods is a good way to discover which foods I like.

This story might help you to create your own Social Story™. Social Stories™ should be individualised to the child and should follow the criteria developed by Dr Carol Gray.

Please speak to one of our Speech Pathologists or Occupational Therapists to learn more.